

What You Need to Do Ages 18+ (Life After High School)

Self
Care!

Support
Groups

Respite
Care

Calming
Practices

Find time for

Learn about

Ensure child is on waitlist for

Consider

Assess

Establish

Encourage

Have child sign up for

Write

Will

Recreation & Social
Activities for Your
Child



Post Secondary
Education/Training
Options

Guardianship,
If needed



Child's Financial
Needs



Housing
Waiting Lists

Vocational
Rehabilitation
Services



Have child apply for

If possible, establish

Have child sign up for

LIEAP & SNAP
Benefits,
if applicable



SSI, SSDI,
Medicaid



Special Needs Trust
and/or ABL Account



Montana's
Developmental
Disabilities Program

Meet with Aware
Case Management
to

Discuss
Possible Future
Supports



Contact Aware or Family Outreach to

Ensure child is on wait list for
Developmental Disability (0208)
Waiver

